

## PSYCHIATRY IN THE CONTINUUM: CME – CONTINUING MEDICAL EDUCATION RESOURCES

[APA George Tarjan Award](#) – named after the first IMG president of the APA, this award recognizes a physician who makes significant contributions to the enhancement of integration of IMGs to American psychiatry

[APA Minority and Underrepresented \(M/UR\) Caucuses](#) – The M/UR caucuses provide networking opportunities, advance treatment of minority patient populations, advocate for minority mental health issues, provide representation in APA governance, and foster communication among members who share interests There are caucuses for the following groups:

- American Indian/Alaska Native/Native Hawaiian
- Asian-American
- Black
- Hispanic
- International Medical Graduates
- LGBTQ
- Women

[Indo-American Psychiatric Association](#) – IAPA provides a forum for Asian-Indian origin psychiatrists of:

- Consolidate professional identity
- Develop skills in addressing the multicultural mental health needs
- Establish a network for the exchange of information
- Obtain mentorship in fulfilling professional aspirations
- Leave a legacy for subsequent generations

[American Society of Hispanic Psychiatrists](#) – ASHP’s mission is

- To promote research, professional education, and clinical activities in the field of mental health through the participation and collaboration of Hispanic psychiatrists, psychologists, and other mental health professionals in the United States, Latin America, and the Iberian Peninsula (Spain and Portugal).
- To promote the collaborative process between Hispanic mental health professionals and other Latino-focused organizations in the United States, Latin America, and the Iberian Peninsula
- To advocate for policies based on the best available scientific evidence that aims to eliminate the health disparities prevalent in Latino and other minority populations.
- To support Latino patients, families, and communities in the promotion of wellness and inclusion initiatives.

[APA Immigration](#) - APA outlines barriers to language and communication, cultural factors, and immigration issues (ie. J1 vs H1B), including the CONRAD-30 waiver

- CONRAD-30: working in an underserved area for 3 years as a means to stay in the country

*Information furnished by:*



*For additional  
handouts from  
the May 2023  
APA Meeting  
Presentation,  
scan here:*



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[Public Service Loan Forgiveness](#) - forgives the remaining balance on your Direct Loans after you have made 120 qualifying monthly payments under a qualifying repayment plan while working full-time for a qualifying employer.

[Health Resources and Services Administration \(HRSA\) National Health Service Corps \(NHSC\) Loan Repayment Program](#) – has three different programs to apply to, all of which require at least 2 years of service in an underserved area, up to \$50,000 for the first two years and complete loan repayment in 3:

- [NHSC Loan Repayment Program](#)
- [NHSC Substance Use Disorder \(SUD\) Workforce Loan Repayment Program](#)
- [NHSC Rural Community Loan Repayment Program](#)

[HRSA Faculty Loan Repayment](#): will repay up to \$40,000 for 2 years of service in an eligible health professions school

[AMA Contract Negotiations](#): guideline for what to expect in each step of the process for contract negotiations as an early career physician.

[Medical Directorship](#): CMS guidelines on what the expectations are of a Medical Director

[Nurse Practitioner Supervision](#) - AMA State Laws Chart on Nurse Practitioner current practice authorities

**Facebook Groups** – a good way to network with fellow psychiatrists in different areas and contribute to ongoing discussions, as well as ask questions. All physicians are verified by NPI.

- [Psychiatry Network](#): Currently 13,700 members of practicing psychiatrists
- [Physician Community](#): Currently 69,000 members of practicing physicians from all specialties

**Financial Freedom** – as you transition from a resident to a physician, your earnings increase significantly, and how to build your wealth and protect your assets can be done in multiple different ways

- [White Coat Investor](#): Many of you may have heard of Jim Dahle, who wrote the book White Coat Investor several years ago. He is an emergency room physician who extensively researched finance and give advice in several books on how to obtain financial freedom
- [Physician Side Gigs](#): Facebook Group where physicians from different specialties discuss what they are investing, how they are investing, and ask advice from each other on how to execute their decisions better

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